



# **ADIRONDACK TAEKWONDO**

## **STAGE ONE PROCEDURES**



We are taking the following reopening Procedures to ensure everyone's safety!

### **Classes**

Check out our summer class schedule and schedule your classes using our app in advanced – (appointy coming)



### **Uniform**

Arrive wearing your uniform or t-shirt and belt. Bring a water bottle labeled with your name.



### **Bring your mask**

Masks are mandatory while in the Taekwondo School. Our outdoor session's masks are optional.

### **Check-in and in-class**

- Contactless temperature checks for all entrants into the Taekwondo School (for a few weeks).
  - Students will disinfect hands with sanitizer and feet with defensive soap before class.
- Training squares will be assigned to each student – spacing will be 6+ feet apart.
- Like always school amenities will be thoroughly disinfected between classes.



### **Parents and visitors**



We encourage drop-off and pick-up but seating is available on a very limited basis.

### **Zoom Classes**



Zoom classes will be held on Tuesday & Thursdays at 4:30pm and 5:30pm.

Thank you for wearing your mask and and maintaining social distance.

**A TEMPORARY INCONVENIENCE FOR A PERMANENT GOAL!**

Thank you for your families support.